

Family Prime Time Schedule

Chain of Lakes YMCA - (651) 795-9622

Effective April 20-June 7

Monday				Thursday			
Time	Program	Location	Pre-Register	Time	Program	Location	Pre-Register
9-9:30am	Kids Bosu	Gym	No				
9:45-10:15am	Kids Yoga Class	Gym	No	10-10:45am	Preschool Activity Time	AC/Outside	No
10:50-11:20am	Pre Global Art	AC	*Yes	10:15-10:45am	Pre Wee Explorers	AC	*Yes
12-2pm	YMCA Family Playgroup	Gym/AC	*Yes	11-11:30am	P/C & Pre Sports Sampler	Gym	*Yes
2:30-8:30pm	Teen Center Ages 10+	AC	No	2:30-8:30pm	Teen Center Ages 10+	AC	No
4:45-5:30pm	SA Sports Sampler	Gym	*Yes	5-5:45pm	SA Tumbling 5-7 & 8-12	Gym	*Yes
4:45-5:15pm	Pre Messy Play	BreakRoom	*Yes	5:30-6pm	Pre Uno, Dos, Tres	Conf Room	*Yes
5-5:30pm	Kids Fitness bootcamp	Gym	No	4-7pm	Youth Activity Time	AC	No
4-7pm	Youth Activity Time 7yrs	AC	No	5:30-6:30pm	Kids Art Time	KS	No
Tuesday				Friday			
Time	Program	Location	Pre-Register	Time	Program	Location	Pre-Register
9:45-10:45am	Preschool Activity Time	KS/AC	No	9-9:30	Kids Yoga	Gym	No
11-11:30am	P/C Tumbling	Gym	*Yes	9:30-10	Preschool Gym Games	Gym	*Yes
11:45-12:15pm	Pre Tumbling	Gym	*Yes	10:15-10:45	Pre Music & Movement	AC	*Yes
2:30-8:30pm	Teen Center Ages 10+	AC	No	11-11:30am	Pre Cooking	AC	*Yes
4-7pm	Youth Activity Time	AC	No	1:45-2:15pm	Pre Basketball	Gym	*Yes
5-5:30pm	Pre Messy Play	BreakRoom	*Yes	2:30-8:30pm	Teen Center Ages 10+	AC	No
5:45-6:30pm	Art Time	KS/Hall	No	4-7pm	Youth Activity Time	AC	No
6:30-7:15pm	Eco Club	AC	No	6-6:30pm	Bingo	KS	No
Wednesday				Saturday			
Time	Program	Location	Pre-Register	Time	Program	Location	Pre-Register
9:45-10:15	Kids Fitness Class	Gym	No	9:30-10:15am	SA Floor Hockey	Gym	*Yes
10:30-11am	Pre Uno, Dos, Tres	AC	*Yes	9:45-10:15am	Preschool Sports Sampler	Gym	*Yes
11-11:45am	SA Global Art	AC	*Yes	10-11:30	Sensory Learning Table	KS	No
10:45-11:30am	Kids Stuff Nature Hikes	KS/Outside	No	10:30-11am	Pre Wee Explorers	AC	*Yes
12-1pm	Homeschool Gym 5-7	gym	*Yes	10-1pm	Youth Activity Time 7yrs	AC	No
1:05-2:05pm	Homeschool Gym 8-12	Gym	*Yes	12-2pm	Family Gym Time	Gym	No
1:05-2:05	Homeschool Gym 12-15	Gym	*Yes	2-8pm	Teen Center Ages 10+	AC	No
2:30-8:30pm	Teen Center Ages 10+	AC	No				
5-5:30pm	Kids Bosu	Gym	No				
4-7pm	Youth Activity Time 7yrs	AC	No				
Special Events				Sunday			
25-Apr	Teen Night-Self Defense	8-11pm	No	Time	Program	Location	Pre-Register
9-May	Teen Night-Triathlon	8-11pm	No	12:00-2pm	Family Gym Time	Gym	No
15-May	Family Movie Night	6:30-8:30pm	No	3:15-4pm	SA Basketball 5-7	Gym	*Yes
23-May	Teen Night-Pie eating con	8-11pm	No	4-4:45pm	SA Basketball 8-12	Gym	*Yes
				5-7pm	Family Activity Time	AC	No

KS=Kids Stuff AC=Activity Center Pre=Preschool 3-5 SA=School Age 5-12

Youth Activity Time is for ages 7 years and up! Family Activity Time is for all family members!

*Pre-Registered Session 1 Youth Class Information is Available in the Program Schedule online or at Member Services.

Building Hours- Mon-Fri 5am-10pm Sat 7am-8pm Sun 9am-8pm

Kids Stuff Hours- Mon-Fri 8am-8pm Sat 9am-3pm Sun 12pm-8pm



