

LAP POOL SCHEDULE

Andover YMCA Community Center

September 14th - December 21st

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM	Lap Swim (5) 5:00-6:00am	Lap Swim (5) 5:00-6:00am		Lap Swim (5) 5:00-6:00am		CLOSED	CLOSED
5:30 AM							
6:00 AM	Water X Power (2) Lap Swim (3) 6:15-7:15am	Water X Power (2) Lap Swim (3) 6:15-7:15am	Lap Swim (5) 5:00-8:25am	Water X Power (2) Lap Swim (3) 6:15-7:15am	Lap Swim (5) 5:00-8:25am		
6:30 AM							
7:00 AM						Lap Swim (5) 7:00-7:45am	Lap Swim (5) 7:00-9:00am
7:30 AM	Lap Swim (5) 7:15-8:25am	Lap Swim (3) Open Swim (3) 7:15-9:25am		Lap Swim (3) Open Swim (3) 7:15-9:25am		Water X Power (3) Lap Swim (2) 7:45-8:45am	
8:00 AM							
8:30 AM	Water X Power (4) Lap Swim (1) 8:30-9:30am		Water X Power (4) Lap Swim (1) 8:30-9:30am		Water X Power (4) Lap Swim (1) 8:30-9:30am		
9:00 AM							
9:30 AM	AOA Water X (4) Lap Swim (1) 9:30-10:25am	Water X Power (4) Lap Swim (1) 9:30-10:25am	AOA Water X (4) Lap Swim (1) 9:30-10:25am	Water X Power (4) Lap Swim (1) 9:30-10:25am	AOA Water X (4) Lap Swim (1) 9:30-10:25am		
10:00 AM							
10:30 AM	SilverSneakers®(4) Lap Swim (1) 10:30-11:25am	Lap Swim (3) Open Swim (2) 10:30-11:30am	Water X (3) Lap Swim (2) 10:30-11:25am	Lap Swim (3) Open Swim (2) 10:30-11:30am	SilverSneakers®(4) Lap Swim (1) 10:30-11:25am	Swim Lessons (4) Lap Swim (1) 9:00am-1:00pm	
11:00 AM							
11:30 AM	Arthritis Water X (3) Lap Swim (2) 11:30am-12:25pm	AOA Water X (3) Lap Swim (2) 11:30am-12:15pm	Arthritis Water X (3) Lap Swim (2) 11:30am-12:25pm	MS Water X (3) Lap Swim (2) 11:30am-12:25pm	Arthritis Water X (3) Lap Swim (2) 11:30am-12:25pm		
12:00 PM							
12:30 PM							
1:00 PM							
1:30 PM							
2:00 PM	Open Swim (3) Lap Swim (3) 12:30-4:15pm	Open Swim (3) Lap Swim (3) 12:30-4:15pm	Open Swim (3) Lap Swim (3) 12:30-4:15pm	Open Swim (3) Lap Swim (3) 12:30-4:15pm	Open Swim (3) Lap Swim (3) 12:30-9:50pm	Open Swim (3) Lap Swim (3) 1:00-9:50pm	Open Swim (3) Lap Swim (3) 9:00am-5:00pm
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM							
4:30 PM							
5:00 PM							
5:30 PM	Swim Lessons (4) Lap Swim (1) 4:30-7:30pm	Swim Lessons (4) Lap Swim (1) 4:30-7:30pm	Swim Lessons (4) Lap Swim (1) 4:30-7:30pm	Swim Lessons (4) Lap Swim (1) 4:30-7:30pm			Swim Lessons (4) Lap Swim (1) 5:00-8:00pm
6:00 PM							
6:30 PM							
7:00 PM							
7:30 PM	Swim Lessons (2) Open Swim (2) Lap Swim (1)	Shallow Water X (3) Lap Swim (2) 7:30-8:30pm		Swim Lessons (2) Open Swim (2) Lap Swim (1)			
8:00 PM							
8:30 PM	Open Swim (3) Lap Swim (2) 8:15-9:50pm	Open Swim (3) Lap Swim (2) 8:15-9:50pm	Open Swim (3) Lap Swim (3) 7:30-9:50pm	Open Swim (3) Lap Swim (2) 8:15-9:50pm			Lap Swim (5) 8:00-8:50pm
9:00 PM							
9:30 PM							CLOSED
10:00 PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	

Facility Hours

Sunday 7:00am-8:00pm
Monday -Friday 5:00am-10:00pm
Saturday 7:00am-10:00pm

Monday-Thursday 8:00 a.m. - 7:45 p.m.
Friday 8:00 a.m. - 7:00 p.m.
Saturday 8:00 a.m. - 4:00 p.m.
Sunday 9:00 a.m. - 7:00 p.m.



Andover YMCA
763.230.9622

The pool, hot tub and sauna close 10 minutes prior to facility close.

The number of lanes guaranteed for each activity is in parentheses - example: Lap Swim (3), meaning there are 3 lanes available.

Swim Academy Swim Lessons instructed by certified Swim Instructors available for Members and Non-Members
Also, please consider Private or Semi-Private Swim Lessons
Flexible, personalized instruction designed to fit your life.

For more information on Pool Rentals/Private Lessons, please contact
Ashley Steagall at 763-230-6532 or ashley.steagall@ymcampis.org

The YMCA of Metropolitan Minneapolis Swim Test Policy:

All swimmers under the age of 16 will be swim tested and given a wristband.
If the Deep Water Swim Test is passed; swimmer will receive a pink wristband.
(Jump into deep water, tread water for 30 seconds, front float for 10 seconds, treads water for 10 seconds comfortably without touching side or bottom)
If the Shallow Water Swim Test is passed, swimmer will receive a blue wristband.
(From standing position: front float for 5 seconds, stand up, back float for 5 seconds, and stand up)
If swimmer is unable or chooses not to take the test, they must be an arm's length away from a parent/guardian 16 years of age or older and in the water at all times.

Children under the age of 7 years old must have parent/guardian 16 years of age or older in the pool area; even if Swim Test is passed.

Children ages 7-9 can be alone in the pool area if they pass the Deep Water or Shallow Water Swim Test.

Children ages 10-15 can be in the facility alone and in the pool area alone with the completion of the Swim Test.

Anyone under the age of 16 who can not pass or does not wish to take the swim test MUST be an arms length away from a parent/guardian in the water at all times. There are no exceptions.